

First Nations Sunday



TOGETHER

the weekly information bulletin of

ST. ANDREW'S UNITED CHURCH
399 CASSELLS ST., NORTH BAY, ON
P1B 3Z4 (705) 472-7680

standrewschurch@cogeco.net
www.standrews-northbay.ca

Sunday, June 25, 2017

"Awakening the Spirit Within"

Richard Wagamese, in his wonderful book of meditations entitled, "Embers: one Ojibway's Meditations", writes: "I raise the pipe of my being to the rising sun in openness and in humility. With my eyes closed, I give thanks to the Life Giver and ask for the strength to be humble through the course of this day. I smudge myself with sacred medicines and give thanks for the blessings that are already present in my life. I ask for nothing. I only offer thanks. Then in gratitude and in humility, I enter the journey of each day. This is wakefulness, this is becoming, this is ceremony - and I am made more."

One of the rich and wonderful blessings of this community is the music gifted to us by our choir, but also by community members like Kimberly Robinson who shares the power of the drum regularly with us during worship. Many of us have watched with interest as Kimberly has recovered her Algonquin roots and set herself on a path of learning, ceremony and awakening. We are indeed blessed to have Kimberly share some of that journey with us this morning. Many thanks to her for saying "yes" when we asked if this was something she might share with us during our time of reflection this morning. And thanks to our friend Helen Rose for sharing her music with us this morning. Helen is a Cree woman from Attawapiskat.

Welcome to worship at St. Andrew's this morning. This is our last Sunday worship together before our summer break. Next week and the following five July Sunday's, you are invited to join with friends at Trinity United Church on the corner of McIntyre and Ferguson. Our first Sunday back at St. Andrew's is Sunday August 6th.

Rev. Jane Howe

This Week at St. Andrew's

Thursday June 22

8:30 Our Loaves and Fishes Food Bank program is closed for our summer break and will re-open on Thursday August 17th. Thank you for remembering our committed volunteers who do such fine work looking after the daily operations of our Food Bank program and for your ongoing support of the folks who use our food bank to fill the gap between the check and the end of the month! Your donations are appreciated.

Sunday June 25

9:00 Sunday Morning Study Group meets in the Parlour.

10:30 Worship on First Nations Sunday

Our Prayer for the Day

I am not created or re-created by the noise and clatter of my life, by the rush and scurry, the relentless chase or the presumption that more gets more. No, I am created and re-created by moments of stillness and quiet. I am struck richer by a pure solitude that allows me to feel the world around me and lean into my place in it. I am not the rush of

words in my life's narrative. I am its punctuation. Its pauses and stops. I am my ongoing recharge; in this silence, I am re-born. Thanks be! .
AMEN.

Manitou Conference Annual Meeting

Manitou Conference at their Annual Meeting voted overwhelmingly to become an Affirming Conference. Members of the Affirming Discernment Committee for Manitou Conference from St. Andrew's were Rev. Will Kunder, Rev. Gailand MacQueen and Peter Haddow. Other St. Andrew's members attending were Rev. Jane Howe, Tracy Davis DLM, Rod Desjardins Rev. Elizabeth Frazer, Rev. Kay Heuer, and Karen Gooch, Secretary of North Bay Presbytery.

Peter Haddow's presentation at the Conference received a standing ovation.

St. Andrew's Summer Holidays!

Our last Sunday before our summer holidays is Sunday June 25th. We are back in the office on Tuesday August 1st and our first Sunday back at St. Andrew's is Sunday August 6th.

You are invited to join with our friends at Trinity United Church (corner of Ferguson and McIntyre) for the five summer Sundays in July.

The Rev. Dr. Ted Harrison will be offering emergency ministerial support during our summer break. He can be reached at 705-474-3310.

IT'S RENEW TIME

The M&P Committee reminds you it is time for us to provide feedback to Jane, Tracy, Ralph and Eunice. Please take a few minutes to review the past church year and give us your feedback on their efforts---praise is always welcome; constructive criticism is always considered.

Your comments can be placed in the 'Concerns and Celebration' box just inside the Chapel door or in the Narthex.

IHS the M&P Committee

Congratulations

to our own Rev. Jim Sinclair, who celebrates his 50th Anniversary of Ordination this year. We celebrate Jim's ongoing ministry among us!

St. Andrew's Goes Green ... at long last

We are very pleased to welcome Lucy Emmott to our staff as our new caretaker. Since she arrived Lucy has been busy organizing and cleaning out her office and familiarizing herself with the building as she cleans and meets people who drop in. One of her first questions was, "Do you re-cycle?" We confessed we weren't very good at this, particularly when it comes to re-cycling fine paper. So we made some changes and put some small blue boxes in the offices for recycling purposes. We are doing our best to put clean empty cans and other recyclables in the blue bins in the downstairs men's washroom but we need some help with the next step. Since the City doesn't pick up recycling downtown **we are looking for volunteers** who would be willing to remove Church Recycling once or twice a month and deliver it to the recycling centre on Seymour Street.

In other news, Lucy plans a rather complete cleaning of the church while we are on holidays. This would be easier if we could help her de-clutter some of our spaces including kitchen counters, and yes, even the stage. If you are just itching to help us with this de-cluttering effort or can assist with our re-cycling, please speak with either Jane or Tracy in the office!

Thanks!

It's Summer Once More

As we move into these longer and much warmer days of late spring and early summer, the call of the cottage or the camp site beckons many of us: "Come and worship in the beauty of creation!" We celebrate these lovely days as the gift and the blessing they are. Responsibilities to our Church family continues. Our bills still need to be paid even though we may be away! You bless us with your gifts of time, energy and money and we are thankful. But a gentle reminder, please don't forget the church while you are away. The PAR program (pre authorized remittance) is a great way to make sure your donations to the church continue even when you are not here. Our Office Administrator, Eunice Laporte can

tell you more about how it works and how to register.

In the Garden

Why not check out the Church's veggie garden? Members of the Outreach committee planted in early June and look forward to another harvest for the Gathering Place, our neighbours at the soup kitchen.

In the meantime, folks have been busy tending to some of the gardens around the church. Our Lucy has an interest in gardening (she has a landscaping business) and is itching to get at some of the neglected beds surrounding the church. If you are interested in helping out, she invites you to come with your garden gloves and your trowels and spades Tuesday's at noon hour throughout the summer months.

Let's make this beautiful piece of property in the downtown core look great, inside and out!



Save Your Stamps!

St. Andrew's member Mary Marrs is still saving used stamps as part of a fundraising effort for Samaritan's purse. Why not save your stamps and leave them at the Church office? **Please leave a paper border around the stamps.** Thank you in advance.

PRAYER POSSIBILITIES



This week Manitou Conference invites us to remember our friends at:

St. Andrew's United Church - Sudbury

-Rev. Catherine Somerville
-Rev. Bill Steadman, retired supply

****Rev. Kathleen McCallum, retired North Bay Presbytery**



OUR DEVOTIONS

THE MEANS OF GRACE

Our Scripture readings for July 2nd are:

- ✠ **Genesis 22:1-14**, "the sacrifice of Isaac"
- ✠ **Psalms 13**, "How long will you forget me, O God."
- ✠ **Romans 6:12-23**, "eternal life is a free gift"
- ✠ **Matthew 10:40-42**, "Welcoming and offering a cup of water"

Mustard Seed Productions
present
Malice in the Palace
(The Story of Queen Ester)



Trinity United Church

June 24th at 7:00

and

June 25th at 1:30

Adults ~ \$10.00

Children (under 12) ~ \$5.00

Information 705-474-3310

Perfumes and other scented products affect the health of



many people. Please refrain from wearing them in this building.
Thank you

The Coffee Pot is on!

Please help yourself to coffee anytime during the service. Thanks to Janyce Robinson for faithfully making our coffee each Sunday and for the friends who bring sweet treats from time to time!

